

Healthy Personians Planning Committee Meeting Minutes – February 23, 2010

Attendance: Bess Whitt, Ruth Burch, Jim Weekley, LeighAnn Creson, Paola Stone, Susan Burnette

- 1. Family Health Campaign** – LeighAnn will contact Lyn about finding out if the articles are being used in any of the school newsletters before any more articles are submitted.
- 2. Free Cholesterol Screening Program for Men** – The timeline for offering this program is now March, April and May. Free cholesterol screenings will be offered at the health dept. on Wednesdays only and on Thursdays only at Person Family Medical and Dental Centers, Inc.
- 3. Physical Activity and Nutrition Prescription Pad Program** – LeighAnn presented the group with drafts for the revised pad for adults in English and the new pad in Spanish. Both drafts were reviewed and approved. LeighAnn will contact Proforma immediately so they can begin production.
- 4. Community Health Resource Guide** – LeighAnn presented a draft of the revised guide for the group to review. A couple of minor edits were made. The draft will be emailed to the Healthy Personians Advisory Board for their edits too.
- 5. American Cancer Society – Freshstart Quit Smoking Program** – The program is being offered each Thursday, February 25 – March 18 at 5:30 p.m. in the administrative office at Person Family Medical and Dental Centers, Inc. There are 5 participants registered. This program was advertised in the newspaper and on the radio as well as through emails. Survival kits have been ordered through Positive Promotions for participants for the quit day which is March 11.
- 6. 2010-2011 Programs** – The group was encouraged to begin thinking about programs/projects for the next fiscal year. According to the action plan in the recertification application the partnership should continue offering the PAN prescription pad program and should offer some type of screening program for men. Continuing efforts in diabetes awareness, prevention and management was discussed. The group also briefly talked about considering an intervention to address teen pregnancy since it continues to be an issue and concern in our county. LeighAnn will see if there are any funds available through the Adolescent Pregnancy Prevention Coalition of NC to support any local interventions.

Another meeting was not scheduled at this time. Any updates necessary will be communicated to the committee via email. The committee will plan to meet later in the Spring.