

Healthy Personians Mini-Grant Committee Meeting – January 6, 2010

Members present: LeighAnn Creson, Beth Townsend, Carolyn Rattican, Lyn Holt, Teresa Johnson and Mitch Ferguson

Four (4) applications were previously given to each member for review. The amount requested is \$2,611 and the amount available for distribution is \$800. All funds should be used by the end of May 2010. Teresa Johnson and Lyn Holt were asked to leave the meeting while their projects were discussed and the final decision was made.

Applications

Eat Smart Cook Smart (Person County Cooperative Extension Services)

Request

- \$615 to cover costs of media promotion, curriculum materials and scholarships for ACE and/or VIP parents who qualify for SNAP assistance.
- Has additional support from participant fees and staff and volunteer time (in kind).

Comments from Committee

- Group has several successful programs.
- Likes that the group is working with other agencies to recruit participants.

PERSONal Health for PCS: Do It For You (Person County Schools)

Request

- \$800 for advertisement of 5K event, race timing and setup and refreshments for participants.

Comments from Committee

- Should group partner with Parks and Recreation?
- Event is in the very beginning stages – not organized yet.
- Learned that there will be a registration fee and that people other than PC school employees may be allowed to participate.

Healthy Refreshments on the National Day of Prayer Walk (HEALED – Help-Equip-Advance-Liberate-Educate and Develop the lives of people in the Community)

Request

- \$800 for healthy foods/drinks, health awareness information and promotion items for participants of the National Day of Prayer Walk.

Comments from Committee

- Learned that outside support has been available previously – Wal-Mart, Golden Corral, etc.
- Any type of assistance would be helpful.

Supplement Community Garden grant (SPEED)

Request

- \$396 for refreshments to be served at 12 workshops and meetings.

Comments from Committee

- Is the grant \$ for meetings of committee or workshops with participants (kids?).

Results

The HP grant will fund Eat Smart Cook Smart in the amount of \$500. These funds should be used for curriculum and scholarships and will be required to provide an initial evaluation, as well as a follow-up evaluation after three (3) months. The remaining \$300 will be used to purchase bottled water with the Healthy Personian name/logo on the label. These items will be distributed to the remaining three (3) projects for their events and activities.