



Person County FAN Club

The Person County FAN Club is a Healthy Personians coalition that promotes healthy lifestyles through physical activity and healthy eating. FAN Club goals are:

- to enhance public awareness of the benefits of healthy eating and increased physical activity.
- to identify local resources available and needed to improve the nutritional status and physical activity levels of Personians.
- to increase support and opportunities for healthy eating and physical activity.

Some of the FAN Club's signature initiatives and efforts include the:

- *Healthy Homework Program (in various schools)
- *Havin' Fun, Gettin' Fit Program (in after school programs)
- *Historic Uptown Walking Route (in uptown Roxboro)
- *Read All About It Initiative (at the Person County Library)
- *Solid Rock Community Track (at Zion Christian Center)

The FAN Club meets on the 4th Thursday of each month (except for Nov. & Dec.) at 2 p.m.
at the Person County Health Department.

Anyone interested in learning more about the FAN Club or attending a meeting should call
LeighAnn Creson @ the Health Department (597-2204 x 2277) or Bess Whitt @ Cooperative Extension (599-1195).